

Workshop for Musicians and Singers with Vivien Mackie

June 2019: Saturday 29th 10-15 and Sunday 30th 10-15

Address: Koulutie 4 A 2, 35300 Orivesi, Finland

info and registration: enni.lakkala@tietoinen.fi , 050-59 22 439

www.tietoinen.fi www.alexander-oko.tietoinen.fi



Vivien is the world wide known musician and a senior Alexander Technique Teacher (over 40 years of teaching experience). She has studied the Alexander Technique with Walter Carrington and the cello with Pablo Casals.

She is the author of *Just Play Naturally*, an account of her cello study with Pablo Casals and the discovery of the resonance between his teaching and the principles of the Alexander Technique.

Vivien was director of the Melbourne Trinity College Alexander Teacher Training Course (from 1990 to 1992), which ran a single three-year teacher training course for musicians, and also of the first Australian Training Course in Sydney from 1982 – 1985. Today Vivien lives in Glasgow and travels throughout the world running courses at a range of training schools and orchestras.

This workshop will focus on excellence in performance based on Vivien's Alexander Technique and performance background. Please bring your instrument with you. There is a piano in the classroom.

Costs

Sign up fee 50 € (incl. VAT 24 % 9,67 €, non refundable) should be paid by active and observing course members before 28th of May 2019 to bank account of Alexander-asema Tietoinen Oy Eräjärven säästöpankki FI 4545001320044634, BIC HELSFIHH. Please write Vivien + your own name in the message field.

The rest of the course fee, 150 € (no VAT) for active course participants and 50 € (no VAT) for observing only, will be paid in cash in the beginning of the course straight to the teacher. One can only be an observer if there are 10 active course participants. The fees cover teaching (not lunch nor accommodation).

Venue

The course will take place at **Alexander-tekniikan opettajakoulu, Koulutie 4 A 2, Orivesi, Finland** if there are 10 course participants who have paid the sign up fee before 28th of May.

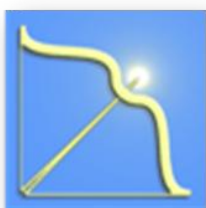
Accommodation and lunch

You can book the accommodation from airbnb or maatilamatkailupaikoista (farm accommodation). Please google Majoitus Orivesi.

In the Center of Orivesi there are several lunch places (Herkkuhetki, Pizzeria Laguuni, Kebab place). There is also a kitchen for cooking, dishes and fridge in the classrooms. In case that you can not book accommodation from previous places, there is a possibility to stay at Koulutie 4 A 2, Alexander-asema Tietoinen on sofabed or your own camping mattress and sheets. There is no shower. Please ask for this accommodation before the course enni.lakkala@tietoinen.fi

Vivien will also be offering private Alexander lessons at the school the afternoons of Saturday 29th and Sunday 30th of June. Please ask for them in the beginning of the course on Saturday 29th of June.

Welcome to workshop!



Alexander-asema Tietoinen Oy

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